

Rockville Internal Medicine
1201 Seven Locks Rd Ste. 111
Rockville MD 20854

Upper Endoscopy Instructions

Your procedure is scheduled for:

Date: _____ Time: _____ Arrival Time: _____

Your procedure is scheduled at the:

Bethesda Endoscopy Center Camalier Building 10215 Fernwood Rd Suite 260 Bethesda, MD 20817 301-530-2800	Rockville Internal Medicine 1201 Seven Locks Rd Rockville MD 20854 301-762-5020 ext. 3056	Suburban Hospital 8600 Old Georgetown Rd Bethesda, MD 20815 301-896-3100 (Report to Admitting Desk)
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Instructions:

1. **Nothing to eat (No solids 8 hours prior to your procedure) after midnight the night before your procedure.**
2. You may have certain clear liquids up until 3 hours before your procedure time. They are as followed:
 - Water
 - Any kind of soft drink (ginger ale, tonic, Gatorade, etc.)
 - Tea/Coffee
 - Jell-O (stay away from red, blue or purple)
 - Clear broth
 - No Dairy
3. You may NOT take any medications containing aspirin at least 7 days prior to your procedure.

Nothing by mouth 3 hours before your procedure includes water, gum, candy, mints etc.

PLEASE NOTE: If you need to cancel your procedure after 4 pm please call the center Where scheduled and leave a message.

REMINDER: Please arrange for someone to accompany you home after your procedure. You will not be allowed to leave alone if you have had sedation. You can arrange for the following private company to provide service for a ride: Buckley's phone 703-390-0535 email infor@buckley4seniors.com or Randy (RMS) phone 301-946-8848/ 202-345-2845.

There is a cancellation fee of 150.00 if you don't give 48 hour notice.